

# TAKING HEART

## SingPost brings CNY cheer

SingPost paid tribute to senior residents in Kolam Ayer at a Chinese New Year celebration on March 3. Over 30 staff volunteers including pioneer generation postmen mingled with some 120 senior residents. The residents were treated to *yusheng*, food and entertainment in an open hall near their flats. SingPost staff also distributed hongbaos, Mandarin oranges and two bags of essential food items. Under SingPost's Food Goodie Bag programme, SingPost staff donate, pack, and deliver food items to the needy elderly staying in one-room flats in Kolam Ayer, providing them with a fuller larder every quarter.

Separately, City Developments Ltd's (CDL) senior management representatives and volunteers from City Sunshine Club (CSC) – CDL's employee volunteer platform – celebrated the spring festival by treating nearly 50 elderly residents from the Henderson Senior Citizens' Home to lunch at the Grand Copthorne

Waterfront Hotel Singapore's Grand Shanghai restaurant.

## Call to Care goes digital

A Call to Care, a campaign which aims to build a strong caregiving foundation in Singapore, has mounted a digital exhibition which will be held at Library@ Orchard from March 3 to March 31.

The exhibit will focus on four themes – the landscape of care, especially eldercare; stories of young caregivers; HCA Hospice Care's efforts to build a strong caregiving foundation in Singapore; and the relationship of youth with their family. A Call to Care is a public communications campaign started by four students from the Wee Kim Wee School of Communication and Information, Nanyang Technological University.

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Taking Heart is a regular BT column highlighting charitable causes



Vital staff spent time with the elderly, served food, played Bingo and memory games, participated in karaoke, distributed oranges, goody bags and lucky draw prizes, supermarket vouchers and hampers worth over S\$3,000. Since 2010, Vital, a department under the Ministry of Finance, has started a CSR programme called "VitalCare" where staff take time-off to volunteer in both local (Metta Welfare Services, President's Challenge, Lions Befrienders) and overseas causes (Singapore International Foundation). PHOTO: VITAL, MINISTRY OF FINANCE